




# Wild by Nature Ltd

FUN, ADVENTURE, CONSERVATION

REF: Guest/Inf/06/09

## ABOUT YOUR TRIP OR ADVENTURE EXPERIENCE

Firstly thank you for booking your experience with  Wild by Nature Ltd this information should help you prepare for your experience.

### WHAT TO EXPECT.

Your experience should be at a pace which you are comfortable with, we may encourage you to do something out with your comfort zone, but of course never force. Your outdoor guide will try and pitch the experience at a level and with a theme which would suit your group. We realize not everybody likes canoeing or is used to expedition life so we build it some training to increase your knowledge and dispel your concerns. We do not run package holidays the experience we facilitate for you will need your involvement. This could be either lifting canoes to the loch side on a Loch Lomond Canoe Safari or tackling the responsibilities concerning your expedition role whilst in a remote corner of East Africa. During the start of your experience your guide will introduce himself / herself and along with all the necessary forms and safety protocols will frame your experience and let you know when you can expect to get issued equipment.

### YOU'RE SAFE.

We adhere to the Health and Safety Act 1974 and where reasonably practicable build this in to your experience. Your guide will be suitably experienced and will have your wellbeing uppermost in his / her mind. The equipment is regularly checked for serviceability. We would ask you to adhere to any instructions given. Despite our best efforts Adventure amongst the out of doors has a number of factors relating to the weather, group dynamics, wild animals and indigenous cultures. This of course gives it all an unpredictable nature therefore we ask you to complete a **medical / disclosure of risk form** which will be issued prior to activity and ask you to remain a touch flexible throughout your experience. After all storms, lions and tribal communities do not adhere to our protocols.....

### WHAT TO WEAR BRING AND TO PACK.

Please turn up wearing clothing suitable for the out of doors, boots or footwear with adequate ankle support are essential for Mountain days, Bring a change of clothes and towel for canoe safari's and wear old trainers with woolen socks. We can issue you with some personal equipment should need this. Please remember to bring inhalers/ and any prescribed medication as required. If on a canoe safari we will give you a container to keep cameras and extras dry. Bring a bit of money, some snacks and your humor too! **PACK LIST AVAILABLE ON REQUEST.**

### WHEN, WHERE AND WHAT.

We will have arranged with you the date and timings of your experience already and a pick up point or meeting place ever, ensure your group is ready to head off at that respective time. Your activity choice is already been noted by us with any request you may have and we will endeavor to co operate with your needs. **AN ACTIVITY DESCRIPTION IS AVAILABLE.**

### PAYMENT AND WHAT NEXT

Your experience is not secure without any payment being made, the minimum payment is for 4 people, if any more wish to come along that's great and the maximum you can invite is 8 (*they can pay on the day*). Just keep us informed in any increase or decrease in numbers please. Read and adhere to the information you have received and await our phone call on the morning or a few days prior to your experience. **INVOICE ATTACHED** *Thanks.*

*Information*

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**NOTE: East African expedition teams, this document is for UK training only and further guidance will be included in your Expedition brief and handbooks including equipment lists..**

*Information*

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